



KCB COACH  
EDUCATION  
PROGRAMME  
2009-10

## General course details

The KCB will be running the following Coach Education courses in 2009/10:

- UKCC 1 - ECB Coaching Assistant (Level 1)
- UKCC 2 - ECB Coach (Level 2)
- Club Coach Award
- Coach Development Workshops (1-6)
- Training Methods Workshop
- Working in Schools
- Young Leaders Award
- First Aid (a prerequisite for UKCC 1 and 2)
- Safeguarding and Protecting Children (SPC) (a prerequisite for UKCC 1 and 2)

### First Aid, SPC and CRB

Please note that the prerequisite for UKCC1 and 2 and also the Club Coach Award and Working in Schools is the following three certificates:

- First Aid
- SPC
- CRB (ECB issue only)

Without up-to-date certificates (i.e. within the last 3 years) you will not be able to start the course. Certificates will be checked on the first day of each course.

### Assessment for UKCC2

Three assessment days will be held within the county for the UKCC2 certificate. Please make sure that you are available for all 4 days of the L2 course and also one assessment day prior to registering for the course. You must attend all of the course and also the final assessment day.

### Selecting the right course

Before registering for a course please make sure that you have read the course descriptions outlined in this programme. It is important that you select a course that suits your specific requirements. If you need further information please refer to the Coach Development Framework which can be viewed at:

[www.ecb.co.uk/development/coach-education/coaching-pathway/](http://www.ecb.co.uk/development/coach-education/coaching-pathway/)

### Further information

For further information on any of our courses please contact Heidi Coleman at the Kent Cricket Board on 01227 473621/07766 505597 or [heidi.coleman.kent@ecb.co.uk](mailto:heidi.coleman.kent@ecb.co.uk)

## Course Outlines

### UKCC 1 - ECB Coaching Assistant (Level 1)

The Level 1 course will be suitable for you if you have limited cricket experience and / or no coaching experience. The minimum age for candidates is 16 years.

This course is designed to help you to "assist more qualified coaches, delivering aspects of coaching sessions, normally under the direct supervision of an ECB Coach". This may include: running warm ups and cool downs; organising small sided games and coaching small groups of players.

#### Course requirements

- 4 x 3 hour modules
- Practical coaching assessment
- Multiple Choice Questionnaire

We will provide you with a variety of resources to support your learning and enable you to fulfill the role of the coaching assistant. These will include coaching cards, a DVD and a workbook.

#### Training Methods Workshop (for UKCC 1 Coaches)

This workshop has been designed to help coaching assistants manage players within a net environment (under direct supervision from a more qualified coach). The workshop will enable coaching assistants to:

- manage a net (under direct supervision from a more qualified coach)
- understand the advantages and disadvantages of working in a net environment
- run alternative activities in a net environment
- introduce, run and adapt a cricket circuit
- introduce, run and adapt pairs cricket

A workbook, net management coaching card and DVD will be provided for all candidates. All candidates will be awarded a certificate of attendance following the course.

### UKCC 2 - ECB Coach (Level 2)

The Level 2 course will be suitable for you if you have played cricket and have knowledge of some of the rules and techniques involved in playing the game. The ECB Coach Course is designed to help you "prepare for, deliver and review cricket coaching sessions".

If you have done the Level 1 you can do the certificate if under 18, but you must be 18 years of age by the time of the assessment of the course you attend. If you have not done the Level 1 you must be 18 years of age when the course commences.

## Course Requirements

- 8 x 3 hour modules. These are delivered on 4 days over a 4-week period.
- Practical Coaching Assessment
- Multiple Choice Questionnaire
- A minimum of 6 x 30 minute sessions of supported coaching practice to be completed prior to the final assessment day. This is to be ARRANGED BY THE CANDIDATE. This requires the candidate to be able to work in a coaching environment and must act as the lead coach with a UKCC2 or ECB level 2 coach supporting. The coach supporting the candidate must be a current member of the ECB Coaches Association (we will need details of who this will be before you start your supported practice session).

Candidates will be provided with a variety of resources to support their learning and enable them to fulfil the role of the ECB Coach. These will include coaching cards, a DVD and a workbook. Coaches will also be given a logbook to help them with their coaching practice out in the field and record their 6 x 30 minute sessions for their assessment.

## Coach Development Workshops (for UKCC2 Coaches)

The coach development workshops are for the following individuals:

- ECB Level 2 coaches who would like to refresh, update or specialize in a skills area
- For UKCC2 coaches who wish to do the Club Coach Award (to do the Club Coach Award all 6 CDW are required)
- For all ECB Level 2 and UKCC 2 coaches wishing to do the UKCC 3.

The workshops are as follows:

1. Developing Batters
2. Using video when working with batters
3. Working with bowlers and using video cameras
4. Working in the nets
5. Working with fielders and keepers
6. Coaching a team

## Club Coach Award (for UKCC 2 and ECB Level 2 coaches)

The Club Coach Award is designed for Level 2 coaches who:

- are working in clubs and schools and responsible for developing players
- are wanting to improve their own coaching skills
- are interested in taking their Level 3 in the future

The Club Coach Award runs as an assessment and is focused on the skills and knowledge within the 6 Coach Development Workshops.

The prerequisites for coaches wishing to attend the Club Coach Award assessment are:

- attendance at all 6 ECB Coach Development Workshops (ECB Level 2 coaches wishing to do the Club Coach do not have to attend all CDWs but may decide to attend some as a way of preparing for the Club Coach Assessment)
- an UKCC2 or ECB Level 2 coaching qualification
- ECB Coaches Association Membership
- up-to-date ECB CRB clearance (within the last 3 years)
- up-to-date SPC and First Aid certificates (within the last 3 years)

#### Working in Schools (for UKCC2 or ECB Level 2 coaches)

The working in schools workshop prepares Level 2 coaches to deliver cricket in schools in line with the national curriculum. It is a requirement when working in Primary Schools and also the Chance to Shine programme.

#### Cricket Young Leaders (for 14-18 year olds)

The Cricket Young Leaders Award is designed for 14-18 year olds who are keen to begin their way on the coaching ladder.

The aim of the Cricket Young Leaders Award is to raise the profile of cricket within a Young Leadership role, inspire Young Leaders to get actively involved with cricket and help provide additional support for Kwik Cricket tournaments.

#### Get Involved Certificate:

Once a candidate has completed 10 hours of voluntary time the individual can choose to receive a 'Get Involved' certificate.

This certificate can then be used for evidence in logging volunteer hours for a range of volunteer and sports leadership awards e.g. Duke of Edinburgh Award scheme, CSLA, JSLA

## First Aid and Safeguarding & Protecting Children

Please note that up-to-date (within the last 3 years) certificates must be shown to the tutor on the first day of Level 1 and Level 2 coaching courses as well as the Club Coach Award.

Course	Venue	Date & Time
Safeguarding and Protecting Children (SPC) (£25)	Maplesden Noakes School, Maidstone	Wednesday 16 <sup>th</sup> September 2009, 6.30-9.30pm
Safeguarding and Protecting Children (SPC) (£25)	Public Gallery, Civic Offices, Bexleyheath	Wednesday 23 <sup>rd</sup> September 2009, 6.30-9.30pm
Safeguarding and Protecting Children (SPC) (£25)	Kent County Cricket Club, Canterbury	Wednesday 30 <sup>th</sup> September 2009, 6.30-9.30pm
Safeguarding and Protecting Children (SPC) (£25)	Hill View Offices, Welling	Tuesday 20 <sup>th</sup> October 2009, 6.30-9.30pm
Safeguarding and Protecting Children (SPC) (£25)	Maplesden Noakes, Maidstone (TBC)	Tuesday 10 <sup>th</sup> November 2009, 6.30-9.30pm
Safeguarding and Protecting Children (SPC) (£25)	Hill View Offices, Welling	Tuesday 8 <sup>th</sup> December 2009, 6.30-9.30pm
Safeguarding and Protecting Children (SPC) (£25)	Kent County Cricket Club, Canterbury	Tuesday 19 <sup>th</sup> January 2010, 6.30-9.30pm
Safeguarding and Protecting Children (SPC) (£25)	Kent County Cricket Club, Canterbury	Wednesday 24 <sup>th</sup> February 2010, 6.30-9.30pm
First Aid (£35)	Civic Offices, Bexleyheath	Wednesday 14 <sup>th</sup> October 2009, 6.30-9.30pm
First Aid (£35)	Addington Cricket Club	Wednesday 18 <sup>th</sup> November 2009, 6.30-9.30pm
First Aid (£35)	Civic Offices, Bexleyheath	Wednesday 2 <sup>nd</sup> December 2009, 6.30-9.30pm
First Aid (£35)	Kent County Cricket Club, Canterbury	Wednesday 13 <sup>th</sup> January 2010, 6.30-9.30pm
First Aid (£35)	Kent County Cricket Club, Canterbury	Thursday 18 <sup>th</sup> February 2010, 6.30-9.30pm

### Training Methods Workshop

Kent County Cricket Club  
Saturday 13<sup>th</sup> February 2010, 9.00-4.00pm  
Cost: £30

### Working in Schools

Kent County Cricket Club  
Saturday 20<sup>th</sup> February 2010, 9.00-4.00pm  
Cost: £25

### Cricket Young Leaders

Dartford (venue TBC)  
Saturday 20<sup>th</sup> March 2010, 9.30-4.30pm  
Cost: £40

### Club Coach Award

Maplesden Noakes School, Maidstone  
Saturday March 6<sup>th</sup>, 10-5.00pm & Tuesday 9<sup>th</sup> March, 6.30-9.30pm  
Cost: £85

UKCC 1 and UKCC 2

UKCC 1 - ECB Coaching Assistant (£135)	Bexley Grammar School, Welling (TBC)	Day 1: Sat 3 <sup>rd</sup> October 2009, 10-5.00pm Day 2: Sat 10 <sup>th</sup> October 2009, 10-5.00pm Day 3: Sat 17 <sup>th</sup> October 2009, 10-5.00pm
UKCC 1 - ECB Coaching Assistant (£135)	Maplesden Noakes School, Maidstone	Day 1: Sun 4 <sup>th</sup> October 2009, 10-5.00pm Day 2: Sun 11 <sup>th</sup> October 2009, 10-5.00pm Day 3: Sun 18 <sup>th</sup> October 2009, 10-5.00pm
UKCC 1 - ECB Coaching Assistant (£135)	Leigh Technology Academy, Dartford	Day 1: Sun 29 <sup>th</sup> November 2009, 9.30-4.30pm Day 2: Sun 6 <sup>th</sup> December 2009, 9.30-4.30pm Day 3: Sun 13 <sup>th</sup> December 2009, 9.30-4.30pm
UKCC 1 - ECB Coaching Assistant (£135)	Christ Church University, Canterbury	Day 1: Mon 15 <sup>th</sup> February 2010, 10-5.00pm Day 2: Tue 16 <sup>th</sup> February 2010, 10-5.00pm Day 3: Fri 19 <sup>th</sup> February 2010, 10-5.00pm
UKCC 1 - ECB Coaching Assistant (£135)	Bexley Grammar School, Welling	Day 1: Sun 28 <sup>th</sup> February 2010, 10-5.00pm Day 2: Sun 7 <sup>th</sup> March 2010, 10-5.00pm Day 3: Sun 21 <sup>st</sup> March 2010, 10-5.00pm
UKCC 2 - ECB Coach (£235)	Maplesden Noakes School, Maidstone	Day 1: Sun 1 <sup>st</sup> November 2009, 10-5.00pm Day 2: Sun 8 <sup>th</sup> November 2009, 10-5.00pm Day 3: Sun 15 <sup>th</sup> November 2009, 10-5.00pm Day 4: Sun 22 <sup>nd</sup> November 2009, 10-5.00pm * See below for assessment dates
UKCC 2 - ECB Coach (£235)	Tonbridge (venue TBC)	Day 1: Sat 28 <sup>th</sup> November 2009, 10-5.00pm Day 2: Sat 5 <sup>th</sup> December 2009, 10-5.00pm Day 3: Sat 12 <sup>th</sup> December 2009, 10-5.00pm Day 4: Sat 19 <sup>th</sup> December 2009, 10-5.00pm * See below for assessment dates
UKCC 2 - ECB Coach (£235)	Bexley Grammar School, Welling (TBC)	Day 1: Sat 9 <sup>th</sup> January 2010, 10-5.00pm Day 2: Sat 16 <sup>th</sup> January 2010, 10-5.00pm Day 3: Sat 23 <sup>rd</sup> January 2010, 10-5.00pm Day 4: Sat 30 <sup>th</sup> January 2010, 10-5.00pm * See below for assessment dates
UKCC 2 - ECB Coach (£235)	Christ Church University, Canterbury	Day 1: Sun 31 <sup>st</sup> January 2010, 10-5.00pm Day 2: Sun 7 <sup>th</sup> February 2010, 10-5.00pm Day 3: Sun 14 <sup>th</sup> February 2010, 10-5.00pm Day 4: Sun 21 <sup>st</sup> February 2010, 10-5.00pm * See below for assessment dates

Level 2 Assessment Dates

UKCC 2 Assessment	Saturday 10 <sup>th</sup> April 2010, 10-5.00pm	Bexley Grammar School, Welling (TBC)
UKCC 2 Assessment	Sunday 18 <sup>th</sup> April 2010, 10-5.00pm	Maplesden Noakes School, Maidstone
UKCC 2 Assessment	Saturday 24 <sup>th</sup> April 2010, 10-5.00pm	Christ Church University, Canterbury

\*\* Please indicate on your application form which 1 of the 3 assessment dates you will be attending and also a second choice if the first date is not available

## Coach Development Workshops

<p>CDW 1: Developing Batters (£30)</p> <ul style="list-style-type: none"> <li>- revision of key principles</li> <li>- pre-delivery movements</li> <li>- additional shots</li> <li>- drills</li> <li>- coaching opportunities</li> </ul>	<p>Wed 7<sup>th</sup> October 09, 6.30-9.30pm</p> <p>Sat 30<sup>th</sup> January, 9.00-12.00pm</p>	<p>Maplesden Noakes School, Maidstone</p> <p>Kent County Cricket Club, Canterbury</p>
<p>CDW 2: Using Video when working with Batters (£30)</p> <ul style="list-style-type: none"> <li>- practical use of video</li> <li>- reinforcement of technical information</li> <li>- highlighting strengths in players</li> <li>- addressing problems</li> <li>- tactical considerations</li> </ul>	<p>Mon 19<sup>th</sup> October 09, 6.30-9.30pm</p> <p>Sat 30<sup>th</sup> January, 12.30-3.30pm</p>	<p>Maplesden Noakes School, Maidstone</p> <p>Kent County Cricket Club, Canterbury</p>
<p>CDW 3: Working with Bowlers and Using Video Cameras (£30)</p> <ul style="list-style-type: none"> <li>- practical use of cameras</li> <li>- revision of key principles</li> <li>- observation &amp; analysis practices</li> <li>- drills</li> <li>- seam and spin variations</li> <li>- tactical considerations</li> </ul>	<p>Mon 5<sup>th</sup> October 09, 6.30-9.30pm</p>	<p>Thomas Aveling School, Rochester</p>
<p>CDW 4: Working in the Nets (£30)</p> <ul style="list-style-type: none"> <li>- purpose of nets</li> <li>- advantages and disadvantages</li> <li>- revision of net management</li> <li>- practical coaching opportunity</li> <li>- net variations</li> <li>- using bowling machines</li> </ul>	<p>Thur 17<sup>th</sup> December 09, 6.30-9.30pm</p>	<p>Maplesden Noakes School, Maidstone</p>
<p>CDW 5: Working with Fielders and Keepers (£30)</p> <ul style="list-style-type: none"> <li>- additional keeping techniques</li> <li>- practical coaching practice</li> <li>- using drills with keepers</li> <li>- additional fielding techniques</li> <li>- what makes a good fielding drill?</li> </ul>	<p>Mon 12<sup>th</sup> October 09, 6.30-9.30pm</p>	<p>Thomas Aveling School, Rochester</p>
<p>CDW 6: Coaching a Team (£30)</p> <ul style="list-style-type: none"> <li>- pre-match preparation</li> <li>- role of coach during match</li> <li>- post match work</li> <li>- using games in training</li> <li>- planning club nights</li> </ul>	<p>Mon 26<sup>th</sup> October 09, 6.30-9.30pm</p>	<p>Thomas Aveling School, Rochester</p>

# KCB Coaches Association

'Coach Development Day'

**Kent County Cricket Club, St. Lawrence Ground, Canterbury.**

**Sunday 15<sup>th</sup> November 2009, 9.30am – 3.30pm**

Please keep the date free - further details and booking information will be sent out in due course.



# COACH EDUCATION APPLICATION FORM 2009-10:

*Please write clearly all details below. Paperwork will not be processed without.*

Name :		MALE / FEMALE	
Address:		DOB:	
Town:			
County:			
Postcode:			
<p><i>Please CIRCLE one below. This is required to process the form. If not circled assume White British</i></p> <p>EHTNICITY : Prefer not to say; Unknown; Asian          British Bangladeshi; Asian British Indian; Asian          British Pakistani; Bangladeshi; Black African;          Black British; Black Caribbean; Chinese; Indian;          mixed white Asian; Pakistani; mixed white &amp; black          African; Other Asian; mixed white &amp; black          Caribbean; Other Black; Other mixed          background; White European; White Irish;          White Non European</p> <p><i>Please CIRCLE one below. If not circled assume NONE</i></p> <p>ANY DISABILITY: PREFER NOT TO SAY;          HEARING; LEARNING; MULTIPLE; VISUAL;          MOBILITY; PHYSICAL; OTHER</p>		<p>Home phone :</p> <p>Mobile :</p> <p>Email :</p> <p>Cricket Club:          (please name the club you are associated with)</p> <p>Role at Club:          (please indicate if manager/ coach/ player/          parent/child welfare officer/ volunteer/other)</p> <p><b>TEACHER / SPORT COACH</b>          (Please indicate if you are either of the above)</p>	
Cricket Coaching Course(s) required (including venue and date(s): (please LIST COURSES REQUIRED)			
SPC (up-to-date certificate required for ALL UKCC1, 2 and Club Coach):			
First Aid (up-to-date certificate required for ALL UKCC1, 2 and Club Coach):			
Level 2 Assessment Dates (please indicate 1 <sup>st</sup> and 2 <sup>nd</sup> assessment date choice):			
1 <sup>st</sup> Choice:			
2 <sup>nd</sup> Choice:			
Total Amount Due :			

Return this form with chq payable to: 'Kent Cricket Board', 2 The Drive, St Lawrence Ground, Old Dover Rd, Canterbury, Kent CT1 3NZ

KCB RESERVE THE RIGHT TO CANCEL ANY COURSE. REFUNDS ONLY ISSUED IF COURSE CANCELLED BY KCB